

That Which Is Claimed:

1. A cosmetic or dermatological preparation for the treatment or prophylaxis of skin damage symptoms, inflammatory skin symptoms or degenerative skin symptoms, said preparation comprising hops or a hop-malt extract.
2. The preparation as claimed in claim 1, comprising no more than 1% by weight of hops or hop-malt extracts, based on the total weight of the preparation.
3. The preparation as claimed in claim 1, further comprising one or more of the group consisting of alpha-lipoic acid, phytene, D-biotin, coenzyme Q10, alpha-glucosylrutin, carnitine, carnosine, isoflavones, clover extracts, soybean extracts, creatine, taurine and derivatives thereof.
4. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises a methanol-soluble and ether-soluble fraction.
5. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises a hexane-soluble resin.
6. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises a hexane-insoluble resin.
7. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is lipophilic.
8. The preparation as claimed in claim 7, wherein the lipophilic hop-malt extract includes 2-methyl-3-buten-2-ol.

9. The preparation as claimed in claim 7, comprising a hop-malt extract, wherein the hop-malt extract is extracted from one or more of sunflower oil, soybean oil and diisobutyl adipate.

5 10. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is water-soluble.

11. The preparation as claimed in claim 10, wherein the water-soluble hop-malt extract is free of 2-methyl-3-buten-2-ol.

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12. The preparation as claimed in claim 10, comprising a hop-malt extract, wherein the hop-malt extract extracted from 1,2-propylene glycol.

13. The preparation as claimed in claim 1, comprising a hop-malt extract,
15 wherein the hop-malt extract comprises polyphenols.

14. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises phenolcarboxylic acids.

20 15. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises at least one compound selected from the group consisting of flavanones and chalcones.

16. The preparation as claimed in claim 1, comprising a hop-malt extract,
25 wherein the hop-malt extract comprises flavonols.

17. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises catechins.

30 18. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises proanthocyanidins.

19. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises condensed tannins.

20. The preparation as claimed in claim 1, comprising a hop-malt extract,
5 wherein the hop-malt extract comprises essential oils.

21. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises phytosterols.

10 22. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises phytoestrogens.

23. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises glucides.
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24. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises flavonols.

25. The preparation as claimed in claim 1, comprising a hop-malt extract,
20 wherein the hop-malt extract comprises 3% to 12 % by weight α -acids based on the total weight of the hop-malt extract.

26. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract comprises 3% to 5 % by weight β -acids based on the
25 total weight of the hop-malt extract.

27. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is extracted from hop cones and hop glands.

30 28. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is extracted using dichloromethane and carbon dioxide.

29. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is extracted using an alcoholic or hydroalcoholic extraction.

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30. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is extracted using a fluid extract in a 1:1 ratio in ethanol.

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31. The preparation as claimed in claim 1, comprising a hop-malt extract, wherein the hop-malt extract is extracted using a tincture having a 1:5 ratio in 60% ethanol.

32. The preparation as claimed in claim 1, said preparation provided as an oil-in-water emulsion.

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33. A method for treating or preventing the symptoms of skin damage, inflammatory skin conditions or degenerative skin conditions, comprising the step of applying a cosmetic or dermatological preparation comprising hops or a hop-malt extract to the skin.

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34. The method as claimed in claim 33, wherein said applying step comprises applying the preparation to the skin to treat or prevent the symptoms of degenerative skin conditions.

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35. The method as claimed in claim 33, wherein said applying step comprises applying the preparation to the skin to prevent the symptoms of inflammatory skin conditions or degenerative skin conditions.

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36. The method as claimed in claim 35, wherein the preparation includes from 0.01% to 5% by weight of hops or hop-malt extracts, based on the total weight of the preparation.

37. The method as claimed in claim 33, wherein said applying step comprises applying the preparation to the skin to treat the symptoms of skin damage, inflammatory skin conditions or degenerative skin conditions.

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38. The method as claimed in claim 37, wherein the preparation includes from 0.01% to 5% by weight of hops or hop-malt extracts, based on the total weight of the preparation.

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39. The method as claimed in claim 37, wherein said applying step comprises applying the preparation to the skin to treat the symptoms of skin damage caused by UV.

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40. The method as claimed in claim 39, wherein the preparation includes from 0.01% to 5% by weight of hops or hop-malt extracts, based on the total weight of the preparation.

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41. The method as claimed in claim 33, wherein said applying step comprises applying the preparation to the skin to prevent or treat the symptoms of skin damage caused by ozone, smog or smoking.

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42. The method as claimed in claim 41, wherein the preparation includes from 0.01% to 5% by weight of hops or hop-malt extracts, based on the total weight of the preparation.

43. The method as claimed in claim 33, comprising no more than 1% by weight of hops or hop-malt extracts, based on the total weight of the preparation.

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44. The method as claimed in claim 33, further comprising the step of preparing the preparation using a hop-malt extract that is oil-soluble.

45. The method as claimed in claim 44, wherein said preparing step comprises preparing the preparation using an extract that is extracted using one or more of sunflower oil, soybean oil and diisobutyl adipate.

5 46. The method as claimed in claim 33, further comprising the step of preparing the preparation using a hop-malt extract that is water-soluble.

47. The method as claimed in claim 46, wherein said preparing step comprises preparing the preparation using an extract that is extracted using 1,2-
10 propylene glycol.